

Public Document Pack

SCOTTISH BORDERS COUNCIL BERWICKSHIRE AREA PARTNERSHIP

MINUTES of Meeting of the
BERWICKSHIRE AREA PARTNERSHIP
held in the Community Centre, Coldstream
on Thursday, 7 June 2018 at 6.30 pm

Present:- Councillors H. Laing (Chair), J. Greenwell, C. Hamilton, D. Moffat and
M. Rowley.
Apologies:- Councillor J. A. Fullarton.
In Attendance:- Partners, Community Councillors, officers and members of the public.

1. **WELCOME AND INTRODUCTIONS**

The Chair, Councillor Laing welcomed everyone to the meeting of the Berwickshire Area Partnership and thanked the Community Councils, Partners and local organisations for their attendance. Councillor Laing explained that the Agenda would proceed as published and that the theme for the evening's discussion was Our Health, Care and Wellbeing.

2. **NEIGHBOURHOOD SMALL SCHEME AND QUALITY OF LIFE PROJECTS**

There had been circulated copies of a report seeking approval for the granting of Delegated Powers for future applications for Small Scheme and Quality of Life Projects to the Service Director Assets and Infrastructure. The report explained that, in order to ensure that all applications were dealt with timeously, a new future approval process was being proposed. This process would be used by Elected Members, Community Councils and members of the public when making applications for projects under the Small Scheme and Quality of Life Scheme. The process would be that:- application(s) for projects to be carried out from Small Scheme and Quality of Life budgets would be received, assessed and costed by Council Officers; Officers would then send details of the project(s) to Elected Members along with a recommendation for their consideration; Elected Members would advise appropriate Council Officers of their support or otherwise for a particular project – support would be required from a majority of Elected Members for a project to proceed; if support by the majority of Members was not given for a project, this application would be refused; and details of projects funded from Small Scheme and Quality of Life budgets would be presented to the Berwickshire Area Partnership as part of any future updates on Grants and Funding. Discussion followed and it was agreed that guidance for making application to the Small Scheme and Quality of Life Scheme would be circulated to assist in this process.

DECISION

AGREED:-

- (a) **to delegate authority to the Service Director Assets and Infrastructure to approve future applications for Small Scheme and Quality of Life projects in 2018/19;**
- (b) **that application(s) for projects to be carried out from Small Scheme and Quality of Life budgets were received, assessed and costed by Council Officers;**
- (c) **that Officers would then send details of the project(s) to Elected Members along with a recommendation for their consideration;**

- (d) that Elected Members would advise appropriate Council Officers of their support or otherwise for a particular project. Support would be required from a majority of Elected Members for a project to proceed;
- (e) that, should support by the majority of Members not be given for a project, this application would be refused;
- (f) that details of projects funded from Small Scheme and Quality of Life budgets would be presented to the Berwickshire Area Partnership as part of any future updates on Grants and Funding; and
- (g) guidance for making application to the Small Scheme and Quality of Life Scheme would be circulated to assist in this process.

3. **FEEDBACK FROM MEETING ON 15 MARCH 2018**

The Minute of the meeting of the Berwickshire Area Partnership held on 15 March 2018 had been circulated along with a summary of the discussion attached as an appendix to the Minute. The general concerns, issues, challenges and opportunities raised at that meeting were referred to during discussion. The theme that had been identified as the next priority for further detailed discussion was Our Health, Care and Wellbeing and this would therefore be the focal point for consideration at this evening's meeting.

4. **THEME: OUR HEALTH, CARE AND WELLBEING**

- 4.1 The Chair presented the theme for the meeting – Our Health, Care and Wellbeing – and introduced Allyson McCollam Associate Director of Public Health and Jane Robertson of the Health and Social Care Partnership who would provide some background and further information about health, care and wellbeing across the Scottish Borders. Ms McCollum highlighted the need for engagement with Communities and for partnership working and explained that keeping communities healthy was a key priority going forward. People in the Scottish Borders generally had a healthy and long life. There was an increase in Type 2 diabetes across the Scottish Borders but there were no statistics which stood out in terms of specific health issues within Berwickshire. Mental health and personal contentment were very important to individuals and communities. People in the Borders as a whole appeared to feel supported from within their own communities.
- 4.2 Jane Robertson provided some background on the establishment of the Health and Social Care Integration Joint Board (IJB) and the Health and Social Care Partnership (HSCP), explaining that the IJB commissioned health and social care services across the Scottish Borders and the HSCP was responsible for delivering those services. The HSCP Strategic Plan for 2016-2019 was developed following widespread consultation across communities in the Scottish Borders and identified nine local objectives for service delivery. Since then, the Plan has been reviewed and simplified and would be presented to the IJB during week commencing 11 June 2018. The new Plan highlighted three main objectives for the Scottish Borders, namely to improve:- the health of the population and reduce the number of hospital admissions; the flow of patients into, through and out of hospital; and the capacity within the community for people who had been in receipt of health and social care services to better manage their own conditions and support those who cared for them. The challenge for the HSCP would be to deliver services according to these refreshed objectives. There were also five Locality Plans which had been developed from the Strategic Plan and all Plans would be available on the web once they had been finalised.
- 4.3 Work was ongoing to look at ways in which services could be redesigned on a local level to meet the needs of communities and taking account of the different demographics. The What Matters Hub was being launched in Berwickshire whereby professional health staff would travel to the Hub to meet with and provide advice to individuals and it was likely that the Hub would visit Duns and Eyemouth on a two weekly basis.

4.4 Colin Banks, Lead Officer for Localities explained that the meeting would now move into the discussion session. As previously, there were information packs available for each group and those present were invited to consider the question "What are the key challenges, issues or opportunities for health, care and wellbeing in Berwickshire". Thirty minutes were allocated for group discussion and each table was asked to note down the responses on the post-it notes provided. These responses would then be collated at the end of the discussion and outcomes circulated with the Minute of the meeting in due course. Following a short break, those present went on to discuss some of the most common points identified. A further 20 minutes were allocated to allow each table to discuss and decide what the most important priorities for health, care and wellbeing in Berwickshire were and what actions could be taken to take these priorities forward. The post-it notes from this session were also collected and again, the groups were advised that responses would be circulated with the Minute of the meeting. The Appendix to this Minute contained a summary of the output of the discussions.

5. **FUTURE MEETINGS**

The next meeting of the Berwickshire Area Partnership was scheduled for Thursday 6 September 2018, with further dates as noted:-

Thursday 6 December 2018

Thursday 7 February 2019

Thursday 2 May 2019

Thursday 6 June 2019.

The Chair referred to previous meetings and reminded everyone that suggestions for ways in which Partnership meetings could be made more inclusive for all members of the community would be most welcome. Any feedback would be taken into account when setting the time and venue for future meetings and details of times and venues would therefore be confirmed in due course. In response to a request from some attendees, it was agreed that advice on available parking at venues would be circulated with the Agendas whenever possible. The Chair thanked everyone for their attendance and wished everybody a safe journey home.

The meeting concluded at 8.20 pm

This page is intentionally left blank

Discussion Output: Health, Care and Wellbeing (7th June 2018)

Summary/Area of Discussion:

Transport

Post-it Notes (incl. from 1st February meeting):

- Appointments – how to get there
- Public Transport – Limited services and cuts in services
- Have to find others in the community to help get to appointments
- Reston Station would help to get to Edinburgh
- What options are available with regards to SBC Funding
- Borders Buses cutting Coldingham to Edinburgh route, go into Eyemouth and out
- Transport for learning and medical care – easier to go to Edinburgh than the BGH
- Berwickshire Wheels struggling for drivers
- Options in regards to SBC funding for transport
- Challenges – can't get public bus services that meets rural needs
- Berwickshire Wheels/BAVS struggling for drivers, can't keep up with demand
- Issue of transport when serious condition e.g. detached retina
- Travel to the BGH is difficult, outreach services required, mobile vans with GP's etc
- Health – one central hospital, lack of travelling
- Few cottage hospitals
- Support for carers – access and affordability of transport, relief and respite for carers - social isolation?

"Priority" & "Solutions/Actions" Post-its:

- Ambulance services focussing on critical services
- Transport – Reston station, East/West timetable
- Appointments – ask where travelling from
- Transport demographics and ageing population

Key Areas for Berwickshire

- **Public Transport** – cross Border travel/service provision, route planning/timetabling, affordability
- **Community Transport** – volunteer drivers

Summary/Area of Discussion:

Mental Health

Post-it Notes (incl. from 1st February meeting):

- Mental Health – attainment – social media affects mental health. 'See me' introduced in secondary schools.
- Social inclusion linked to mental health – reach out communities

<ul style="list-style-type: none"> • Mental health - Support for small groups – Eyemouth, Duns to reduce social isolation • MH – support for small groups within communities – Eyemouth/Duns, reducing social isolation • Not enough being done for mental health problems, 4-6 month wait • Mental Health – getting across the door is a challenge, skills sharing and skills match
<p><i>“Priority” & “Solutions/Actions” Post-its:</i></p> <ul style="list-style-type: none"> •
<p><i>Key Areas for Berwickshire</i></p> <ul style="list-style-type: none"> • Social isolation – how to reduce, communities to reach out to their isolated residents, how to encourage people to get out of their homes

<p>Summary/Area of Discussion:</p> <p>Prevention</p>
<p><i>Post-it Notes (incl. from 1st February meeting):</i></p> <ul style="list-style-type: none"> • Cost of eating healthy can be expensive. • Childhood obesity – choices made about diet can be harmful • Staying healthy – fitness classes, Isolation and information dissemination, trim tracks • Living safely in the home – advice on home safety to avoid slips, trips • Education needed on health • GP’s too quick to prescribe medication rather than advocating/supporting physical activity • Young people are indoors more • New park in Gala has had a positive impact on getting Young People outdoors. • Grass cutting around parks affects health • Primary School in Eyemouth does CPR Training • Healthy Village or Town competition • What Matters Hub – one health professional from different areas, drop in, get information
<p><i>“Priority” & “Solutions/Actions” Post-its:</i></p> <ul style="list-style-type: none"> • Cross generational communication • Increase access to Whats on hubs, make sure they are in building and premises used by the public.
<p><i>Key Areas for Berwickshire</i></p> <ul style="list-style-type: none"> • Education - role of schools and other learning environments; What Matters Hubs; availability and promotion of the right information • Eating Well - promotion of eating well, access/availability to healthy foods

Summary/Area of Discussion:

Community Provision

Post-it Notes (incl. from 1st February meeting):

- Do you know your neighbour?
- Mens Shed and Walking Football are great ideas
- Get the people running groups to make contact with the individual – often the first step is the most difficult
- Active Communities Eyemouth – sport and health related activities – meeting with Live Borders?
- BAVS open days.
- Co-locate community fire stations – use for community activities.
- Loss of church – elders and minister visits.
- Unaware of facilities available to them – consider how to bring the information together to access.
- Cemeteries – grass cutting issues – some being done some aren't.
- Lots of whole community projects, active Mens Shed, Ace Group – Parkrun for all ages

“Priority” & “Solutions/Actions” Post-its:

- Value of older peoples contribution to the community
- Annual events for communities to connect
- ALISS – national database – vulnerable people, how to reach them, mapping key community services.
- Register what support and services are available in the community.
- Increase access to Whats on hubs, make sure they are in building and premises used by the public.

Key Areas for Berwickshire

- **Expansion of existing community activities across the region**, e.g. Men's Sheds, walking football, walking clubs etc.
- **Sharing of good examples** from across (and out with) the Borders

Summary/Area of Discussion:

Service Provision

Post-it Notes (incl. from 1st February meeting):

- Cancer Treatment
- Postcode an issue SBC v Berwick
- Eyemouth – recruitment of GP's needed
- GP's – can't get appointments
- Out of Hours Services not as good as used to be
- Blocks of time reserved for GP appointments in remote communities
- Podiatry issues – now in Kelso was formally in Duns
- GP's Eyemouth Health Practice – recruitment of GP's to practice, little communication
- GP's Coldingham – not able to get appointments, shortage of GP's

- Services are too centralised – Chiropodists, Coldstream have to travel to Kelso
- Telecare is an opportunity – not for first time visits but follow up appointments for example
- Lack of GP appointments
- Pension age increasing.
- Rurality of B'shire.
- Defibrillators needed.
- GP – If call that day at 8am can usually get an appointment
- GP in Berwickshire provide a very personal experience (old fashioned)
- Cross Border health issues
- Knoll Hospital in Duns is old and needs upgrading to act as minor injuries
- Nursing care in the community
- NHS Facility for Chiropody
- NHS, Health and Social Care plan should be one!
- Services need to provide care to reduce delayed discharge

“Priority” & “Solutions/Actions” Post-its:

- Telecare – community spaces, pharmacies etc.
- Lack of access to further education, care facilities, home care provision
- Unit for discharge to access unit e.g. at Craw Wood
- Delivering care in the home – improve connections, communications between services providing care and support

Key Areas for Berwickshire

- **Service planning** – recognising demands and challenges of remote communities/rurality, telecare
- **GPs** – mixed views across the Locality as to service delivery and availability of appointments
- **Challenge of cross border health provision**, accessing different services depending on where you live